



# ROLEYSTONE GYMNASTICS CLUB

MORE THAN GYMNASTICS

[www.roleystonegymnastics.com.au](http://www.roleystonegymnastics.com.au)

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# WHAT WE OFFER

*At RGC we have many programs to suit anybody wanting to join gymnastics.*



## ZAPPERS LEAGUE

RECREATIONAL CLASSES FOR CHILDREN AGED 0-6  
SEE PAGE 2



## SOCIAL CLUB

NON-COMPETITIVE CLASSES FOR AGES 6 TO SENIORS  
SEE PAGE 3



## SPARK SQUAD

COMPETITIVE CLASSES FOR INDIVIDUALS SEE PAGE 4-5



## LIGHTNING PROGRAM

CLASSES FOR TEAMS SEE PAGE 6

# ZAPPERS LEAGUE

The Zappers League is an introductory program run by Roleystone Gymnastics Club that allows students who are 0-6 years old the opportunity to learn fundamental movement skills, including gross motor and fine motor skills, in a fun and engaging manner. No experience is needed to join any of our Zappers League classes. We love having parents watch the classes, and it gives parents and guardians a great opportunity to meet others and become more involved in the club. **Please note that Kindergym classes are caregiver assisted and children can not be left alone in the class.** We ask that you wear a tight fitting singlet or t-shirt with shorts or leggings for your classes. We also ask you to wear jumpers and pants in term 2 and 3 as the gym can get very cold. Casual rates are not offered at RGC, you can find more information on fees and payment on page 11.



Class	Age	Length of Class	Cost per term*
Kindergym	0 to 3.5 Years	45 mins	\$97.50
Kinder Challenge	3.5 to 4 Years	45 mins	\$136.50
Gym Fun	4 to 6 Years	1 hour	\$162
Gym Challenge	5 to 6 Years	1 hour	\$162
Junior Free G	5 to 6 Years	1 hour	\$162

\* Fees based on a 10 week term, Fee discounts may apply if registering late in the term.

# SOCIAL CLUB

Our social club program allows athletes ages 6 to senior the opportunity to participate in a sport without the need for competition. Our classes promote friendship and fitness and are only ranked by skill level where necessary, for the safety of participants. No experience is required to join any of our social club programs, unless otherwise specified. Parents are welcome to watch these classes. Athletes should come in appropriate attire such as singlets or tight fitting t-shirts with short or leggings. We ask you to wear jumpers and track pants in term 2 and 3 as it gets very cold in our gym.

Class	Age	Class length	Cost per Term*
Level 1 & 2 Artistic Gymnastics	6 – 9 Years	2 hours	\$260
GymSkills	8+ Years	1.5 hours	\$213
Acro Skills	6+ Years	1 hour	\$162
FREEG (parkour)	7+ Years / 10+	1 hour	\$162
Tumbling*	6+ Years	1 hour	\$162
Gym motion	All Abilities	1 hour	\$162
Adults	16 +	1.5 hours	\$213
Gym mobility	50+	1 hour	\$10 per week



\* Fees based on a 10 week term, Fee discounts may apply if registering late in the term. We offer casual rates for our Gym mobility classes and a 5 week package is available for adults classes. For more information, refer to the fee and payment information on page 11. Tumble classes include beginner, intermediate and advanced.



## SPARK SQUAD

Sparks 'level 3' athletes must train a minimum of 3 hours per week – a levels class of 2 hours plus a tumble class or another levels class per week .

Sparks 'Levels 4 +' athletes must train a minimum of 4 hours per week - 2 levels classes and the option to train in a tumble class.

Both Sparks squads must maintain these hours to stay in these squads. Refer to fees for special rates.

All Spark Squad athletes represent RGC as individuals at competitions two or more times a year. Athletes are free to choose which events compete in. Events can be chosen based on location, price or experience. Athletes registered in the Sparks Squad programs must compete, if you do not wish to compete or maintain the squad hours then GymSkills is a non-competitive option for you.

**UNIFORM FEMALE:** Require club long sleeve leotard, Club zip-up jacket, black pants and white socks optional hair bow.

**UNIFORM MALE:** Require men's short sleeve leotard, Club zip-up jacket, club longs, club shorts, black pants and white socks.

Event Name	Location	Cost	Date
RGC High Voltage Champs	Karragullen	\$60	29th May or 12th June
Zig Zag Invitational Foundations	Kalamunda	\$70	18th – 19th June
Zig Zag WAG & MAG Interclub	Kalamunda	\$70	25 <sup>th</sup> – 26 <sup>th</sup> June
RGC Spring High Voltage	Karragullen	\$60	11th September
Star – Mites Parade Of Stars	Leederville	\$75-\$80	17th - 18th September
Zig Zag Interclub Championships Level 1-3 MAG & WAG	Kalamunda	\$70 - \$120 with shirt	29 <sup>th</sup> – 31 <sup>st</sup> October Halloween theme
Zig Zag Interclub Championships Level 4 plus MAG & WAG	Kalamunda	\$70 - \$120 with Shirt	5 <sup>th</sup> – 7 <sup>th</sup> November

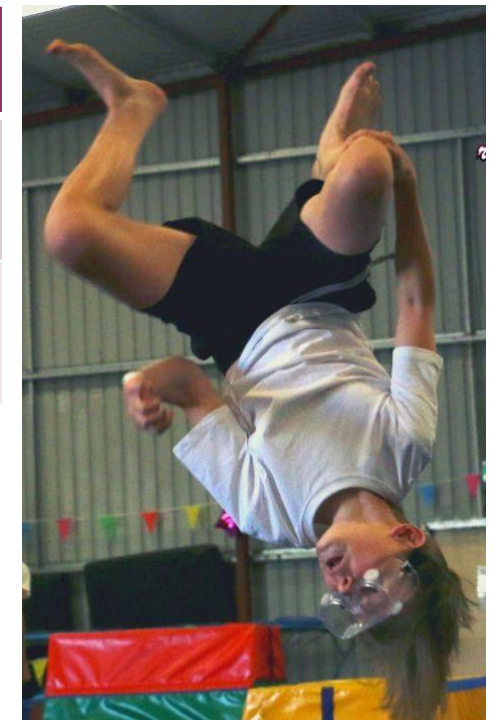
Dates subject to change, price is estimated on 2020-2021 rates and dates

# COMPETITIVE FREE G

FREE G Athletes have the opportunity to compete at competitions if desired. These events are in the form of time trials. Athletes will run through the speed run course set by the event coordinators or compete in the freestyle event showing off tricks that they can do within a set time. To compete, Free G athletes are only required to train 1 hour a week.

**FREE G UNIFORM:** Boys tank, Black Pants, Club zip-up jacket, club training shorts. Girls Club tank, Black pants Club Zip-up jacket, club training shorts.

Event Name	Location	Date
RGC high Voltage FREE G	Karragullen	Late May Early June
FESTIVAL OF GYMNASTICS FREE G	LOFTUS CENTRE	November



# LIGHTNING PROGRAM

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Our Lightning Program is a team program rather than individual. In our Lightning program we have the Competitive acro classes and Acro Skills Classes, both classes offer opportunities to have fun and bond with a team with opportunities to travel with a group to show off your skills and promote your club.



**ACRO SKILLS 6+** is a team program rather than individual. Acrobatic gymnastics is a team sport. As this class is non-competitive program you are more than welcome to drop the class or switch to a different class at any point throughout the year.

**ACRO SKILLS UNIFORM** Acrobatics is a balance class, please come in correct attire, Leotards, Shorts and singlets are appropriate for this class no loose-fitting clothing and hair tied back.

**COMPETITIVE ACRO** presents the opportunity to compete multiple times throughout the year. As Acrobatic Gymnastics relies on a team effort the class cannot be stopped partway through a term

# IMPORTANT DATES

## TERM ONE

31st Jan  
7th Feb  
TBA  
7th March  
15th-21st March  
2nd April  
18th April  
9th April

Term One commences  
Term one fees due  
AGM  
Gym closed for Labor day  
Kinder Bring a friend week  
Gym closed for Good Friday  
Easter Monday  
Last day of term one

## TERM TWO

26th April  
25th April  
25th April  
29th May/12th  
June  
6th June  
18th-19th /  
25th-26th June  
2nd July

Term TWO commences  
Term Two fees due  
Anzac Day Public Holiday  
High Voltage Competition  
Gym Closed for WA Public Holiday  
Zig Zag Competition WAG & MAG Level  
1-10  
Last day of term Two

## TERM THREE

18th July  
25th July  
30th – 4th Aug  
20th-21st Aug  
11th Sep  
17th-18th Sep  
24th Sept

Term Three commences  
Term Three fees due  
Bring a bloke week  
Armadale Spring into Action Competition  
Level 1-5  
RGC Badge test  
Star-Mites Parade of Stars MAG & WAG  
Level 1-10  
Last day of term Three

## TERM FOUR

10th Oct  
17th Oct  
4th Dec  
7th Dec  
10th Dec  
5th-10th  
17th Dec

Term Four commences  
Four Fees Due  
Display Day  
Registration Day Levels 3-10 WAG  
Registration Day  
Free Trial Week  
Last day of term Four

\*Dates subject to change



# COMPETITIONS – UNIFORM REQUIREMENTS

We offer competitive opportunities to our athlete's in the spark squad, lightning program and the Free G program. At Roleystone gymnastics club we enter events that are fun, friendly and match the values of our club. We do not pressure our athletes to compete for results or medals. We love spending time with our athletes on competition days and making wonderful memories with them. Competitions usually run over the weekend and are 3 or 4 hours on the day of the event. Days and times are released around three weeks before the event. No refunds will be given if the event time is not convenient for you, they are only given if a doctors note is provided and is in before the cut off date.

Level 1-2 Girls	Level 3+ Girls	Boys Levels	Acro Skills & Gymskills	Competitive Acro	FREE G
<p>Short sleeve club leotard with club jacket, black track pants and white socks</p> <p>Hair tied back in a bun with white scrunchy or bow</p>	<p>Long sleeve club Leotard with club jacket, black track pants and white socks</p> <p>Hair tied back in a bun with white scrunchy or bow</p>	<p>Boys club leotard, club longs, club shorts, club Jacket, black track pants and white socks</p>	<p>Club jacket, black track pants, white socks, optional leotard</p>	<p>Club leotard, black pants and club jacket.</p>	<p>Club jacket, club shirt or singlet, black shorts or club shorts, black track pants and white socks</p>

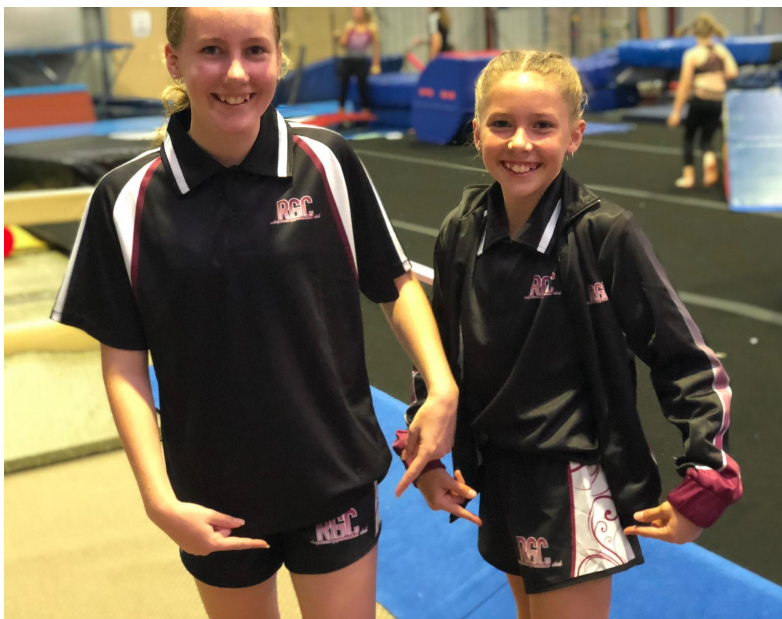
# UNIFORMS & MERCHANDISE

At Roleystone Gymnastics Club we try to keep the cost of uniforms as low as possible.

Our competitive classes require a club leotard and club jacket, but families can purchase any black pants that are within their budget. Some gym-sports require extra items like longs or shorts. Competitive requirements can be found on page 8.

We have several different training options available, anything from shorts to hoodies. All items are reasonably priced and optional. Athletes are encouraged to wear leotards to training classes, but can choose to wear singlets and shorts instead. This is fine but, all attire needs to be tight fitting with no jewelry or watches, for safety reasons.

To purchase any of our uniforms or merchandise, you will need to place an order through our online store on our website. This is the only way you can pre-order our items. Please make sure you allow 6 weeks for your items as we do not carry stock in all sizes and styles.



**IMPORTANT**

# COMPETITIONS EXPECTATIONS

**Before entering competitions, please make sure you have read and agree to all our competition expectations.**

- All competition athletes must have all term fees and registrations paid in full.
- Competing athletes must have, or be prepared to purchase the required competition uniforms, these uniforms are not optional.
- Some events require clubs to supply volunteers, just like football, tee-ball and athletics. We ask one family to volunteer for one event each year. If a volunteer can't be sourced from competing families, RGC will supply a paid RGC staff member, and will split the cost between the families who did not offer to volunteer. If all families have offered to volunteer and the club needs another it is expected that families will volunteer more than once, as necessary.
- RGC expects all athletes, parents, guardians and supporters to show positive sportsmanship at all times. Judges, coaches and officials should never be approached during a competition. This means parents are not allowed on the floor of a competition for any reason.



# FEES, PAYMENTS AND REGISTRATION COSTS

Our term fees are based on the number of hours an athlete does per week and the number of weeks in a term. All term fees need to be paid by the start of week 2 of each term, or before your second lesson if starting later in the term. Members who do not pay by this time will be reported to the committee and class restrictions will apply until fees are paid. We do not refund for absent classes. Athletes that do not start at the beginning of the term will only be charged for the remaining lessons left.

Payments can be made via bank transfer, Credit card (through your customer portal) or cash at the gym. We do not have EFTPOS facilities available. All athletes are required to pay an annual registration fee. This fee goes directly to Gymnastics Australia and covers the cost of your national membership and insurance until the 31<sup>st</sup> December of the year you join.

Discounts are based on an hourly price and available for athletes that are registered for multiple classes.

## REGISTRATION

Classes GWA Fees	Amount
Kindergym & Kinder Challenge, seniors	\$35
Ages 4-7	\$60
Ages 8+	\$105

\* GA Rates to be confirmed for 2021

We offer no casual rate at RGC except for our gym mobility class for our senior's.

Each term we roll over class enrolments two weeks before the end of term. Families have up until this time to advise of class/day/time changes needed. If a class you want is not available, you have an option to stay in your current class and go on a waiting list. You will be on the priority list for a space in that class and will be notified if a spot becomes available. As the new year approaches each member must re-register to secure your place for the following year.

## COMMON QUESTIONS

**WHAT IF I MISS A LESSON ?** Makeup classes are available for athletes who have medical certificate's, school functions or serious reason for missing classes. Because of our strict ratio's, we can only offer makeup lessons in classes that are not already full. You are able to choose another style of class if there is no other option available for the class that you are missing. E.g. you may choose to do a one-off FREEG class for your missed tumble class, a make-up class will need to match hour for hour. Please note that age limits, and class restrictions still apply if your child is a beginner tumbler, they can not do a make-up class in advance tumble. Make-ups can be booked online through the customer portal. Athlete absences must be recorded via the portal for your make up lesson to be activated. Make-up lessons can not be offered to those who have not paid term fees in full.

## MULTIPLE CLASS DISCOUNTS

RGC fees based on a 10 week term	Amount
1 hour class + 1 hour class per class cost per term	Before discount \$162 per 1 hour class Total \$324 After discount \$130 per 1 hour class Total \$260
2 hour class + 1 hour class per term	\$260 single class 2 hour class + \$162 single hour class Total \$422 Discounted to 3 hours you pay \$375
2 hour class + 2 hour class per term	\$260 per 2 hour class Total \$520 Discounted to 4 hours you pay \$460

# WHAT'S NEXT?

## Enrolments

Once you have found the classes you want to enrol in, you will need to head to our website to sign up. Once signed up, you can come and trial your chosen class/es. We will send you a confirmation of enrolment, term invoice, and customer portal registration after we process your enrolment. Please note this may take 24 hours to get to you. We do not offer free trial classes at RGC, the cost of your first class will be included in your term fees. If for whatever reason you decide the class isn't right for you, we won't charge you for that lesson.

*\*\*if you come to 2 or more consecutive sessions you will be charged.*

Our classes do fill up fast each term, and sometimes we don't have classes to fit everyone's schedule available. If this is the case, you can join our class waiting list. We can contact you if a place becomes available in your chosen class. You can join our waiting list any time via the portal.

*We hope you found this pack a valuable source of information, and we sincerely hope you choose our club in the future. Please contact us if there are any unanswered questions.*

## CONTACT US

### WEBSITE:

[WWW.ROLEYSTONEGYMNASTICS.COM.AU](http://WWW.ROLEYSTONEGYMNASTICS.COM.AU)

### EMAIL:

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